In Focus: Dads Are Important People

Fathers who are involved with their children bring positive benefits that are unique and special.

Father involvement is positively linked with children's overall life satisfaction and wellbeing.

Babies whose fathers are involved in their care are more likely to feel connected to them, are better able to handle new and unfamiliar situations, can manage stressful situations, and are more curious and eager to explore the environment.

Children with connected fathers are also more likely to experience:
- higher levels of self-reported happiness
- higher levels of confidence
- fewer feelings of fear and guilt
- less emotional distress and upset.

Children’s thinking and problem-solving skills

Children who are involved in conversations that include the ‘wh’ questions (e.g., ‘what’, ‘where’, ‘why’) have opportunities to practise using and hearing more complex words and sentences. These skills help children to think about ways to solve problems and develop their word and language skills. These are often the sort of conversations children have with their fathers (but not just fathers) and helps children develop better problem-solving skills.

Children’s social and emotional development

From birth, children who have an involved father are more likely to feel emotionally connected, confident to explore their surroundings, and have better social connections with their peers.

When fathers are more involved in experiences with their children, such as eating meals together and going on outings, this has a positive influence on children’s social development. Children with connected fathers are likely to:
- have positive peer relationships
- have stronger and closer friendships with less conflict
- experience give-and-take relationships
- develop turn-taking skills with other children.

From the Principal

As you know, I recently had the amazing experience of meeting my very first grandchild… with Father’s Day on Sunday (and probably because I am now officially old!), I have been thinking about my grandfathers, my father, the father of my children and the father of my beautiful wee baby.

I couldn't say that either of my grandfathers changed nappies, and they couldn’t have been more different—except that they cared… they acted to support others, even beyond their own families.

Their children followed their examples…

There is a concept I have read about “the 200 year present” - as I share my memories of my grandfathers, with my grandson, I am sharing a ‘present’ that started in the 1890’s that will reach to Max’s grandchildren in the 2060’s.

Dads...your contributions to your children will influence them and their children, for decades.

Thank you.

Upcoming Date Claimers

- 11th September—Full School Assembly
- 7th–15th September—Year 3 Camps
- October / November—Year 4 Camps
- 5th October—Public Holiday
- 19th October—Pupil Free Day
- 24th October—Family Portraits
Thank you to Janenne and her trusty band of helpers...the Fathers’ Day Stall is absolutely FAB.

The work that goes into ordering, sorting, pricing, wrapping AND ‘wo-manning’ the stall is HUGE.

On behalf of the kids and their dads and grandfathers...

If you are still needing a Fathers Day Gift our Fathers Day Stall is open for the remainder of the week between 8am and 9am in the Parents Room under C Block. All gifts are $5.00.

There is also a raffle for $2.00 per ticket for your chance to win a BBQ.

A Father’s Day Breakfast

Green Eggs & Ham

Ingredients

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Eggs</td>
<td>4</td>
</tr>
<tr>
<td>1/4 Cup skim milk</td>
<td></td>
</tr>
<tr>
<td>3 Teaspoon (Metric) basil pesto</td>
<td></td>
</tr>
<tr>
<td>100 Gram 97% fat free shaved ham</td>
<td></td>
</tr>
<tr>
<td>2 Slice multigrain bread (toasted, cut into ‘soldiers’)</td>
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Instructions

1. Place eggs, milk and pesto in a large microwave-safe bowl.
2. Whisk ingredients with a fork, until well combined. Place in microwave and cook on HIGH for 30 seconds. Remove bowl. Stir. Return to microwave and cook for another 30 seconds. Stir. Repeat 1–2 more times or until scrambled eggs are soft and moist.
3. Spoon eggs onto 2 serving plates with slices of ham and toast ‘soldiers’. Serve immediately (with a cup of tea or coffee for Dad).

Community Spirit: GWSS P&C - Fathers’ Day Stall

To all our wonderful fathers have a great day on Sunday.

Library

We have lots of new books ready for covering. Book covering afternoons will be held on Thursday 3rd and Friday 4th September from 1.30-3.00pm. Come for part or all of the time - before parade or before pick up. ☺ Thank you for your assistance. Freyia and Anne-Marie.

Student Absences

Parents may report an absence in the following ways.
* Student Absence Line - 49797366
* Note to Class Teacher
* Absentee form through our NEW Skoolbag App.

Please note that ALL absences need to be explained.

Brekky Club

Please note that Brekky Club is on Tuesday, Wednesday and Thursday Mornings at the SEP Unit, commencing from 7.45am.

WOW—WHAT’S ON AT WEST
SWPBS: Working towards personal learning goals

Responsible: Working towards personal learning goals.

At Gladstone West State School, it is important for all students to have a personal learning goal so they can better understand many concepts and feel proud of their efforts when it is achieved.

LOOKS like-
♥ practising tables, spelling words and other basic concepts
♥ asking for assistance if need

SOUNDS like-
"Can you please show me how to do………………" Encouraging others to do well

FEELS like-
Proud: You’ve achieved something Happy

Attendance

Attendance Data
For the Week 24-28 August 2015

<table>
<thead>
<tr>
<th>Day</th>
<th>Attendance</th>
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</thead>
<tbody>
<tr>
<td>Overall</td>
<td>91.0%</td>
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<tr>
<td>EQ Goal</td>
<td>95%</td>
</tr>
<tr>
<td>Monday</td>
<td>88.1%</td>
</tr>
<tr>
<td>Tuesday</td>
<td>92.3%</td>
</tr>
<tr>
<td>Wednesday</td>
<td>93.2%</td>
</tr>
<tr>
<td>Thursday</td>
<td>90.2%</td>
</tr>
<tr>
<td>Friday</td>
<td>90.9%</td>
</tr>
</tbody>
</table>

CONGRATULATIONS
Year 2: 93.8%
Year 6: 93%

Music

Eisteddfod Dates
♥ Instrumental—Thursday 3rd September
♥ Singing Choirs—Tuesday 8th September
♥ Mime & Improv—Monday 14th September
♥ Speaking Choir—Year 3&4 Tuesday 15th September

Advance notice that all Instrumental Music teachers will be involved in the Eisteddfod with various bands and orchestras on Thursday, 3rd September (all day.)

As such there will be no instrumental music lessons at any of the schools on this day as they will all be tied up at the GECC.

Parking

Parents please be aware that parking inside the school grounds for the collection and drop off of your children is not permitted.

Tuckshop

Volunteers Needed

As term 3 has commenced we are in need of some more volunteers to help in the Tuckshop. At GWSS we are lucky to have our tuckshop operate 5 days / week, but this requires parent help.

If you can spare some time in the tuckshop we would love to hear from you.

Our Eftpos machine is back up and running in our Uniform Shop.

Uniform Shop Open Days are:
Monday, Tuesday, Wednesdays from 8am—9am

Parking

CONGRATULATIONS
Year 2: 93.8%
Year 6: 93%
Year 4 Camp

Invoices were sent home for Year 4 camp. Two invoices have been sent home. Invoice 1 has optional activities available.

Payment is due by Friday 2nd September.

26th—28th October—4A & 4E
2nd—4th November—4B & 4D
4th—6th November—4C

Dates / Classes Year 3
★ 7-8 September: 3A + 3E
★ 9-10 September: 3B + 3D
★ 14-15 September: 3C

1. Overnight Option: $90
2. '2 Day' Option: $55
* This option = parents pick up students between 3.30-4.40pm day 1 and drop back between 8.30-9.30am.

Parents should you wish to negotiate a payment plan please contact our BSM, Kylie Richards, please note that you are most welcome to make payments to the office prior to the camps.

Any further queries with payments please contact the office on 49797333.
Woolworths Earn & Learn is back and it is now easier than ever to earn valuable resources for our school. Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It's simple to participate. From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet. There'll be one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply place the Sticker Sheet in the Collection Box, either at your local school or at our local Woolworths.

Sticker sheets are available from the School Office

You can then redeem your Woolworths Earn & Learn Stickers for valuable education resources for your local school or Early Learning Centre.

Fathers Day Stall will be open from 8am—9am every morning from Wednesday 26th August—Friday 4th September in the Parent Room which is located under C Block.

All gifts are $5.00.
School Notices

What is BPOINT?

BPOINT is a secure card payment collection portal provided by the Commonwealth Bank of Australia (CBA). Parents can make payments on school invoices from their homes and offices or from their smartphones. BPOINT is the preferred payment method for the department due to the efficiencies that automated receipting brings to schools. Please find below information on how to use BPOINT when paying invoices from the school.

Family Portraits

Last week information went home to all students in regards to our photographic fundraising day for Gladstone West State School which is being held on Saturday 24th October. If you would like to book in for a sitting time please call Janenne Suter on 0411400018 or email jodyjanenne@bigpond.com. Once your booking is made a $20 payment can be made to the Admin Office.

Don’t miss out book now!

Our photographic fundraising day for Gladstone West State School on Saturday, 24 October 2015 is fast approaching and we need to finalise our photographic schedules. Please return your details and $20 payment to Gladstone West State School or contact Janenne Suter on 0411 400 018 or email me at jodyjanene@bigpond.com to book your photographic session.
Community Notices

The Glen Cricket Club Sign On
Sign on this year for the Glen Cricket Club is Tuesday 8th and Thursday 10th September from 4.30pm to 5.30pm at Sun Valley Sports Park, Mercury Street Sun Valley.

Age groups available are U9’s to U16’s and Seniors.

For further details please contact Melissa Shea (Junior Coordinator) on 0407 501599 or melissa.shea@bigpond.com

Looking for a Summer Sport that doesn’t take up your weekends???

We are looking for new players to join our competition,
Boys & Girls ages 5 -17 years
Gladstone Junior Basketball
SUMMER SEASON 2015/16

Season commences Thursday 8th October 2015 and finishes Mid March 2016

Hoopsters Training Program - Registration $95
Every Thursday 3.30-4.15pm
ages 5 and under (born 2007 onwards) / Basic skills program using smaller hoops

Junior Competition Boys & Girls (8 years +) $145
For $30 compulsory playing singlet (available for purchase at stadium office only)

Further information can be obtained by emailing gladstonejuniorbasketball7@gmail.com
Or head to our webpage www.gladstonebasketball.net.au to find out more

Invitation to Trial for 2016 Teams
CQ Mariners FC would like to invite BOYS turning 12-13 years in 2016 (born in 2004-2005), and GIRLS turning 13-14yrs (born 2003-2004) to trial for their 2016 Gladstone & Reefton teams.

Trials for the following age groups will be held at the following times:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>U12 Boys</td>
<td>Thu</td>
<td>9.00am-12.00pm</td>
<td>Gladstone</td>
</tr>
<tr>
<td>U12 Girls</td>
<td>Thu</td>
<td>1.00pm-4.00pm</td>
<td>Reefton</td>
</tr>
<tr>
<td>U13 Boys</td>
<td>Wed</td>
<td>1.00pm-4.00pm</td>
<td>Gladstone</td>
</tr>
<tr>
<td>U13 Girls</td>
<td>Wed</td>
<td>9.00am-12.00pm</td>
<td>Reefton</td>
</tr>
</tbody>
</table>

Gladstone trials will be held at Brian Allen Park (45 Benaroon Road, Gladstone).
Reefton trials will be held at Merbirds Park.

To be considered for selection. Players (both new & returning) are asked to attend both sessions and to arrive 30 mins prior to your session for registration & player warm up. Note that although the trials are being run in combined age groups, the final age grading for 2016 will be at the discretion of the ResCo depending on quality & depth/ability of the players.

Selections will be made by 21st October 2015. Pre-season training for the teams will commence in November with games being played from February through to September 2016. Code of conduct, fees etc will be discussed at the trials.

Further information can be obtained by emailing Secretary@CQMarinersFC.com.au or Regional Development Officer – Ian McDonald (phn@ymail.com.au).

CQ: Mariners FC are proudly sponsored by

For more information log on to www.cqmarinersfc.com.au