



GLADSTONE WEST STATE SCHOOL TUCKSHOP 2019

Open Wednesday to Friday – First Break [11-11:40] & Second Break [1.30 – 2:00]

SANDWICHES, ROLLS & WRAPS

[white bread used unless otherwise requested*]

😊 Vegemite	3.00
😊 Cheese	3.00
😊 Egg & Lettuce	3.50
😊 Ham (97% fat-free) or Chicken (H)	4.00
😊 Extra fillings: Cheese, egg, lettuce, tomato, carrot, cucumber, beetroot, alfalfa sprouts & salad onion	0.50 each
😊 Salad (lettuce, tomato, carrot, cucumber, beetroot, alfalfa sprouts & salad onion)	4.00
😊 Salad with Ham or Chicken (H)	5.00
Pita bread wrap (instead of bread or roll)	0.50
Toasted	0.50

SALAD BOXES

😊 Garden salad with lettuce, tomato, carrot, cucumber, beetroot, alfalfa sprouts, egg and cheese	5.00
😊 Add chicken (H) or ham	0.50 each

SNACKS

😊 Seasonal Fruit (apple or orange)	1.00
😊 Fruit Snackpac (fruit salad or peaches)	1.80
😊 Popcorn (20 g, air-popped)	0.80
😊 Diet Jelly Cup (orange, lime or raspberry)	1.20
😊 Chocolate Mousse (GF)	1.50
😊 Crackers and cheese	3.00
😊 Muffins (choc chip or blueberry)	3.00
😊 Coffee Roll (unbuttered)	2.50
😊 Chips (25 g chicken honey soy or salt & vinegar) Grainwaves	1.50
😊 Vege Chips (GF)	1.00

MISCELLANEOUS

😊 Tomato Sauce Sachet	0.30
Spoon	0.05

Paper Bag	0.05
Tea or Coffee (for grown-ups)	2.00

HOT FOOD

😊 Lasagne (lean meat, light cheese)	4.20
😊 Hot Chicken Wrap (chicken fillet, cheese, aioli & BBQ sauce) (H)	4.00
😊 Chicken Burger (chicken fillet, lettuce, cheese & mayonnaise) (H)	4.00
😊 Hamburger (patty, lettuce, tomato, carrot, cucumber, beetroot, salad onion, cheese & BBQ sauce)	5.00
😊 Hot Dog (97% fat-free) with tomato sauce	3.00
😊 Hot Dog (97% fat-free) with tomato sauce and cheese	3.50
😊 Mini Pizza (ham, pineapple & cheese or ham & cheese)	2.50
😊 Large Meat Pie (lean meat, light pastry)	4.50
😊 Party Pie	1.60
😊 Full Sausage Roll	4.50
😊 Half Sausage Roll	2.30
😊 Chicken Nuggets (Pkt 6, 97% fat-free) (H)	3.50
😊 Mini Dagwood Dog	3.00

DRINKS

😊 Plain water (600 mL)	2.50
😊 Plain milk (300 mL)	2.60
😊 Flavoured milk (300 mL chocolate, strawberry, vanilla, banana or iced coffee)	2.60
😊 Fruit Juice (250 mL apple & blackcurrant, apple or orange)	2.50
😊 Quench Spring Water (orange, raspberry, cola or blueberry)	2.50

ICE BLOCKS – available both breaks

😊 Frozen Yoghurt (strawberry or mango)	2.50
😊 Zinger	0.50
😊 Icy Pole (raspberry or lemonade)	1.50
😊 Lifesaver	1.50
😊 Milo Cup	3.00
😊 Billabong - Chocolate	1.70
😊 Billabong – Triple Swirl	1.70

Tuckshop is **CASH ONLY**, does not have EFTPOS facilities and does not accept foreign currency.

Prices current as at 29th January 2019